

Prize money equal for men & women

50 km Race

Categories	Open	40 - 49	50 - 59	60 - 69	70+
1st Position:	R40 000	R2 000	R1 500	R1 000	R500
2nd Position:	R20 000	R1 000	R1 000	R750	R300
3rd Position:	R10 000				
4th Position:	R5 000				
5th Position:	R4 000				
6th Position:	R3 000				
7th Position:	R2 000				
8th Position:	R1 000				
9th Position:	R700				
10th Position:	R500				

5 km Race

Categories	Open
1st Position:	R1 000
2nd Position:	R700
3rd Position:	R500
4th Position:	R400
5th Position:	R300
6th Position:	R200
7th Position:	R100
8th Position:	R100
9th Position:	R50
10th Position:	R50

10 km Race

Categories	Open	40 - 49	50 - 59	60 - 69	70+	Juniors
1st Position:	R5 000	R1 000	R750	R500	R500	R1 500
2nd Position:	R3 000					
3rd Position:	R1 000					
4th Position:	R700					
5th Position:	R500					
6th Position:	R400					
7th Position:	R300					
8th Position:	R200					
9th Position:	R100					
10th Position:	R100					